



APRIL 2022 MENU

CHERRY VALLEY-SPRINGFIELD CENTRAL SCHOOL

OFFER VS. SERVE:

CAFETERIA MUST OFFER ALL 5 MEAL COMPONENTS:

STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE & AT LEAST 2 OTHER COMPONENTS (TOTAL OF 3)
 STUDENTS MAY CHOOSE UP TO ALL 5 COMPONENTS. 9-12 GRADES MAY CHOOSE 2 FRUITS & 2 VEGETABLES
 SALAD BAR, YOGURT/CHEESESTICK OR PBJ AVAILABLE EVERYDAY
 MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
<p>APRIL 4</p> <p>Hamb/cheeseburger Whole grain bun Chips, pickles Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 5</p> <p>Chicken/cheese quesadillas Whole grain tortilla Black bean corn salad Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 6</p> <p>Fresh roasted turkey cheese sandwich Whole grain bread Baby carrots Fruit M-Fat free choc., 1% or skim</p>	<p>APRIL 7</p> <p>Chefs choice Whole grain roll Veggies Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 8</p> <p>Chicken patty Whole grain bun Baked FF Fruit M-Fat free choc, 1% or skim</p>
<p>No School</p> <p>Spring recess</p>	<p>No School</p> <p>Spring recess</p>	<p>No School</p> <p>Spring recess</p>	<p>No School</p> <p>Spring recess</p>	<p>No School</p> <p>Spring recess</p>
<p>APRIL 18</p> <p>BBQ chicken Whole grain corn muffin Steamed carrots Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 19</p> <p>Taco salad w/ cheese, sour cream salsa, black beans Shredded lettuce Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 20</p> <p>Sausage, egg and cheese on a croissant Roasted potatoes Strawberry cup M-Fat free choc, 1% or skim</p>	<p>APRIL 21</p> <p>Grilled chicken sand- wich w bacon & cheese Whole grain bun Celery, olives Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 22</p> <p>Cheese Pizza Whole grain crust Crisp romaine salad Fruit M-Fat free choc, 1% or skim</p>
<p>APRIL 25</p> <p>Hot dogs Whole grain bun Baked beans fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 26</p> <p>National pretzel day: Chicken veg soup Soft pretzel Apple slices Peanut butter M-Fat free choc, 1% or skim</p>	<p>APRIL 27</p> <p>Meatball sub Whole grain roll Carrots Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 28</p> <p>Chicken pot pie Homemade buttermilk biscuit Steamed corn Fruit M-Fat free choc, 1% or skim</p>	<p>APRIL 29</p> <p>Ziti with meat sauce and cheese Crisp romaine salad Fruit M-Fat free choc, 1% or skim</p>