

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day



# SEPTEMBER 2024

## Cherry Valley-Springfield Central School

Offer vs. Serve  
Cafeteria must offer all 5 meal components  
Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)  
Students may choose up to all 5 components.

Monday	Tuesday	Wednesday	Thursday	Friday
No School <sup>2</sup>	No School <sup>3</sup>	No School <sup>4</sup>	New York State Hot Dog Whole Grain Bun Baked Beans, Corn on the Cob Watermelon, Milk <sup>5</sup>	Boneless Chicken Wings Assorted Sauces Whole Grain Roll Baby Carrots, Celery Fresh Fruit, Milk <sup>6</sup>
Chicken & Cheese Wrap L.T.O.P. Baked Lays Peaches Milk <i>*Daily Sub Station Starts*</i> <sup>9</sup>	Baked Mozzarella Sticks Marinara Sauce Garlic Bread Romain Salad Fresh Fruit, Milk <sup>10</sup>	Ham & Cheese on Pretzel Roll L.T.O.P Celery/Cucumber Slices Fresh Fruit, Milk <sup>11</sup>	Chef Salad w/ Ham, Turkey & Cheese, HB Egg, Tomatoes, Lettuce, Olives Whole Grain croutons Pears Milk <sup>12</sup>	Pepperoni or Cheese Pizza Whole Grain Crust Baby Carrots/Red Peppers Fresh Fruit, Milk <sup>13</sup>
Turkey & Cheese Wrap L.T.O.P. Baby Carrots, Broccoli Salad Fresh Fruit, Milk <sup>16</sup>	Beef & Cheese Nachos WG Tortilla Chips Salsa, Sour Cream, Lettuce Black Bean Corn Salad Fresh Fruit, Milk <sup>17</sup>	Crispy Chicken Sandwich WG Bun, Special Sauce L.T.O.P. Waffle Fries Fresh Fruit, Milk <sup>18</sup>	Hamburger/Cheeseburger w/ NYS Beef Whole Grain Bun L.T.O.P Pasta Salad Fresh Fruit, Milk <sup>19</sup>	<b>Brunch for Lunch</b> <sup>20</sup> French Toast, Hashbrown, Sausage Links Applesauce Milk
Cheese Filled Breadstick Marinara Sauce Baby Carrots, Red Pepper Salad Dressing Fresh Fruit, Milk <sup>23</sup>	Fishsticks w/ Tartar Sauce Whole Grain Roll Baked French Fries Coleslaw Fresh Fruit, Milk <sup>24</sup>	Chicken & Cheese Quesadillas Seasoned Black Beans, Salsa, Sour Cream, Lettuce Fresh Fruit, Milk <sup>25</sup>	NYS Meatballs w/ Marinara & Mozzarella Whole Grain Roll, Romaine Salad Fresh Fruit, Milk <sup>26</sup>	Buffalo Chicken/Cheese Pizza Whole Grain Crust Sliced Cucumbers Black Olives, Green Peppers Fresh Fruit, Milk <sup>27</sup>
Herb Roasted Chicken Whole Grain Roll Baked Potato w/ Sour Cream Fresh Fruit, Milk <sup>30</sup>				

Our school is participating in the NYS Farm to School Initiative. A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.

Alternative Entrée's offered Daily  
Peanut Butter & Jelly  
Yogurt & Cheesestick  
Salad Bar