

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Popcorn Chicken Whole Grain Roll Steamed Corn Baked Potatoes Fresh Fruit, Milk</p>	<p>3</p> <p>Baked Ziti w/ Beef, Cheese & Marinara Whole Grain Breadstick Steamed Green Beans Pears, Milk</p>	<p>4</p> <p>Scalloped Potatoes w/ Ham & Cheese Whole Grain Roll Steamed Carrots Fresh Fruit, Milk</p>	<p>5</p> <p>Turkey & Cheese subs L. T. O. P. Romaine salad Sun Chips Fresh Fruit, Milk</p>	<p>6</p> <p>Conference Day</p>
<p>9</p> <p>Columbus Day</p>	<p>10</p> <p>All Beef Hot Dog Whole Grain Bun Baked Beans Apple, Milk</p>	<p>11</p> <p>Chicken&Cheese Quesadillas Whole Grain Tortilla Sour Cream, Salsa Romaine Salad Fresh Fruit, Milk</p>	<p>12</p> <p>Roasted Turkey Pot Pie w/ carrots, peas, green beans Buttermilk biscuits Fresh Fruit, Milk</p>	<p>13</p> <p>Brunch for Lunch Pancakes w/NYS Maple Syrup (Limespring Farm) Sausage Links, Hashbrowns Applesauce, Milk</p>
<p>16</p> <p>Fish Sticks w/ Tartar Sauce Whole Grain Roll Baked Potato, Coleslaw Fresh Fruit, Milk</p>	<p>Taco Tuesday 17</p> <p>Ground Beef, Cheese, Salsa, Sour Cream, soft tortillas Black Bean and Corn Salad Rice Fresh Fruit, Milk</p>	<p>18</p> <p>Warm Ham & Cheese Biscuit Brussel Sprout Salad Apple, Milk</p>	<p>19</p> <p>Chicken Noodle & Vegetable Soup Whole Grain Soft Pretzel Cheese Stick, Baby Carrots Fresh Fruit, Milk</p>	<p>20</p> <p>Macaroni & Cheese Whole Grain Roll Broccoli Fresh Fruit, Milk</p>
<p>Ultimate Nachos 23</p> <p>Taco meat, cheese, lettuce, salsa, peppers, jalapenos, sour cream, black beans Whole Grain Tortilla Chips Fresh Fruit, Milk</p>	<p>National Bologna Day 24</p> <p>Bologna & Cheese Sandwich L. T. O. P Whole Grain Bread Celery Sticks w/Dip Pretzels, Fruit, Milk</p>	<p>25</p> <p>Spaghetti w/ meat sauce Whole Grain Roll Steamed Carrots Fresh Fruit, Milk</p>	<p>26</p> <p>BBQ Chicken Sandwich Whole Grain Bun French Fries, Coleslaw Fresh Fruit, Milk</p>	<p>27</p> <p>Pepperoni or Cheese Pizza Whole Grain Crust Romaine Salad Fresh Fruit, Milk</p>
<p>30</p> <p>Meatball Parmesan Sub w/ cheese Whole Grain Roll Steamed Green Beans Fresh Fruit, Milk</p>	<p>31</p> <p>Grilled Cheese Tomato Soup Baby Carrots Fresh Fruit, Milk</p>			