



March 2022 MENU
 CHERRY VALLEY-SPRINGFIELD CENTRAL SCHOOL
 OFFER VS. SERVE:
 CAFETERIA MUST OFFER ALL 5 MEAL COMPONENTS:
 STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE & AT LEAST 2 OTHER COMPONENTS (TOTAL OF 3)
 STUDENTS MAY CHOOSE UP TO ALL 5 COMPONENTS. 9-12 GRADES MAY CHOOSE 2 FRUITS & 2 VEGETABLES
 SALAD BAR, YOGURT/CHEESESTICK OR PB&J AVAILABLE EVERYDAY
 MENU SUBJECT TO CHANGE
 MILK OFFERINGS ARE SKIM, 1% OR FAT FREE CHOCOLATE

Mon

Tue

Wed

Thu

Fri

	<p>MARCH 1</p> <p>Grilled chicken and cheese sandwich Whole grain bun French fries Fruit Milk</p>	<p>MARCH 2</p> <p>Breakfast pizza with egg, sausage and cheese Whole grain crust Baby carrots Fruit Milk</p>	<p>MARCH 3</p> <p>Creamy chicken alfredo Pasta Whole grain roll Fruit Milk</p>	<p>MARCH 4</p> <p>Fresh roasted turkey and gravy over homemade buttermilk biscuit Steamed peas Fruit Milk</p>
<p>MARCH 7</p> <p>Chicken vegetable noodle soup Whole grain soft pretzel Apples with peanut butter Milk</p>	<p>MARCH 8</p> <p>Sloppy Joe or ham sandwich Whole grain bun Baked beans Fruit Milk</p>	<p>MARCH 9</p> <p>Baked ziti with meat sauce and cheese Whole grain roll Crisp romaine salad Fruit Milk</p>	<p>MARCH 10</p> <p>Popcorn chicken with sauces French fries Whole grain roll Fruit Milk</p>	<p>MARCH 11</p> <p>Breakfast for lunch- Homemade pancakes Sausage links Roasted sweet potatoes Blueberry smoothie Milk</p>
<p>MARCH 14</p> <p>Chicken pot PI day Fresh baked buttermilk biscuit Steamed carrots Fruit Milk</p>	<p>MARCH 15</p> <p>Beef taco nachos Whole grain tortilla chip Black bean/corn salad Fruit Milk</p>	<p>MARCH 16</p> <p>Scalloped potatoes and ham with cheese Whole grain roll Fruit Milk</p>	<p>MARCH 17</p> <p>Chicken riggies with peppers and onions Whole grain roll Fruit Milk</p>	<p>MARCH 18</p> <p>Cheese or pepperoni pizza Whole grain crust Crisp romaine salad Fruit Milk</p>
<p>MARCH 21</p> <p>Taco bowl with cheese and rice Salsa, sour cream Fiesta black beans Fruit Milk</p>	<p>MARCH 22</p> <p>Spaghetti with meat sauce Whole grain roll Cucumber salad Fruit Milk</p>	<p>MARCH 23</p> <p>Buffalo chicken wraps with cheese and lettuce Whole grain tortilla Fruit Milk</p>	<p>MARCH 24 <i>Early dismissal</i> Fresh roasted turkey sandwiches with cheese Whole grain bread Carrot sticks, pickles Sunchips Milk</p>	<p>MARCH 25</p> <p>Burger/cheeseburger Whole grain bun French fries Fruit Milk</p>
<p>MARCH 28</p> <p>Salad with grilled chicken, cheese, cukes, olives and banana peppers Whole grain roll Fruit Milk</p>	<p>MARCH 29</p> <p>Mac and cheese Whole grain roll Carrots Fruit Milk</p>	<p>MARCH 30</p> <p>Chili with beans and cheese Whole grain corn muffin Fruit Milk</p>	<p>MARCH 31</p> <p><i>Grilled chicken sandwich with cheese</i> <i>Whole grain bun</i> <i>French fries</i> <i>Fruit</i> <i>Milk</i></p>	