

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

JANUARY 2024

Cherry Valley-Springfield Central School

Offer vs. Serve
 Cafeteria must offer all 5 meal components
 Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)
 Students may choose up to all 5 components.

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Popcorn Chicken Whole Grain Roll Sweet Potato Puffs Fresh Fruit, Milk	3 Hamburger/Cheeseburger Whole Grain Bun L.T.O.P Baked French Fries Fresh Fruit, Milk	4 National Spaghetti Day Chicken Alfredo w/ Spaghetti Whole Grain Roll Steamed Broccoli Fresh Fruit, Milk	5 Broccoli Cheese Soup Whole Grain Soft Pretzel Salad w/ Cucumbers Fruit, Milk
8 Chicken Patty Whole Grain Bun, SunChips Cucumber/Celery Sticks Fresh Fruit, Milk	9 Brunch for Lunch Pancakes w/NYS Maple Syrup, Sausage Links, Hashbrowns Applesauce, Milk	10 Hot Dog Whole Grain Bun Baked Beans Fresh Fruit, Milk	11 Cheesy Breadsticks Marinara Sauce Baby Carrots w/ Dip Crisp Romaine Salad Fresh Fruit, Milk	12 Herb Roasted Chicken Whole Grain Roll Baked Potato w/ sour cream & butter Fresh Fruit, Milk
15 No School	16 Hot & Spicy Day Buffalo Chicken Pizza Whole Grain Crust Cucumber, Celery Fruit, Milk	17 Turkey Cheddar Wrap L.T.O.P Hummus w/ veggies Fresh Fruit, Milk	18 Crispy Chicken Sandwich w/ pickle & special sauce Whole Grain Bun Waffle Fries, Green Beans Fresh Fruit, Milk	19 Cheesy Ziti w/ Beef Whole Grain Roll Baby Carrots & Grape Tomatoes w/ Dip Fresh Fruit, Milk
22 Roasted Turkey & Gravy over Biscuit Seasoned Green Beans Fresh Fruit, Milk Farm to School Tasting Roasted Squash	23 Taco Tuesday Ground Beef, Cheese, Salsa, Sour Cream, soft tortillas Seasoned Black Beans Steamed Rice Fresh Fruit, Milk	24 Macaroni & Cheese Breadstick Broccoli, Grape Tomatoes Fresh Fruit, Milk	25 Deli Day Ham or Turkey Subs Whole Grain Pretzel Roll L. T. O. P Baked Potato Chips Fresh Fruit, Milk	26 Mozzarella Sticks w/ Marinara Sauce Whole Grain Roll Baby Carrots w/ Dip Fresh Fruit, Milk
29 Conference Day	30 Chef Salad Ham, Turkey, Cheese, Boiled Egg, Tomato, Cucumber, Olives Whole Grain Roll Fresh Fruit, Milk	31 Grilled Cheese Whole Grain Bread Creamy Tomato Soup Sweet Potato Fries Fresh Fruit, Milk		

Our school is participating in the NYS Farm to School Initiative. A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.

Alternative Entrée's offered Daily
 Peanut Butter & Jelly
 Yogurt & Cheesestick
 Salad Bar