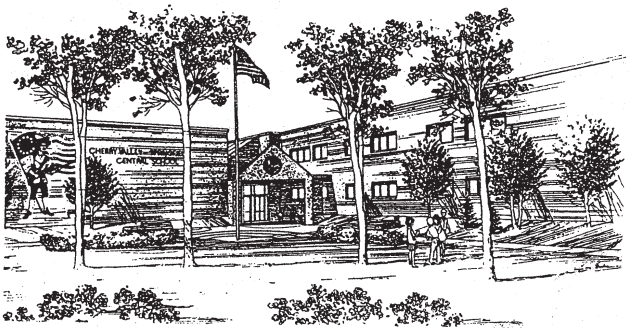


PATRIOT NEWS

Cherry Valley-Springfield Central School District

Volume 29, No. 7 March 2016

Coaches vs. Cancer

The Third Annual Coaches vs. Cancer Games sponsored by The CV-S Varsity Club were held on Senior Nights for both the Boys' and Girls' JV and Varsity teams. This year with the help of alumni and community members we were able to raise over $1,600. From that, $800 will be sent to the Children's Cancer Unit at Albany Medical and $800 will be sent to St. Jude's Children's Research Hospital. The entry *fee* to the games was children's books. Books were donated by the teams from Morris Central School and GMU when they came for the game.

Along with the money that was raised, several hundred books were collected to take to the Children's Cancer Unit at Albany Medical and The Albany Ronald MacDonald House. Sponsors paid for the bright yellow t-shirts for teams from Morris and GMU as well as the CV-S athletes to wear for warm up and keep as a memento.

Next year we hope to host a full Saturday event with games for all ages and levels—stay tuned for more information. Thank you to all who donated items, sponsored t-shirts, bought tickets and brought books to support the event.

—Ryan Jaquay

CV-S Basketball Seniors' Night

Congratulations to the CV-S Basketball Seniors and their parents for successful basketball careers. We are proud of all of your accomplishments and wish you much success in the future.

The Seniors of 2016 celebrated Senior Night in conjunction with our Third Annual Coaches vs. Cancer fundraiser.

Thank You!

The eight CV-S Section IV All-Stars **Kurt Pressly**, **Ryan Jaquay**, **Jordan Zaccagnino**, **Matt Gustafson**, **Mark Gustafson**, **Kaylie Yerdon**, **Morgan Westerman** and **Althea Prime** would like to thank everyone in the CV-S community and surrounding areas for their support at our fundraiser at the Old School on February 7.

A huge thank you to the Community Center, all who donated, worked and came to support the event. We are all looking forward to going to Italy at the end of March.

—Kaylie Yerdon

Superintendent's Message

Great things are happening at CV-S! We recently celebrated the 100th day of school! It is hard to believe we are moving into the third quarter of the year already. Our full-scale recycling program is up and running. A huge *thank you* to all staff and students for your patience as we navigate through this process. The switch to recycling is saving the district nearly $8,000! In the spring we will be developing a compost pile on the school campus to properly dispose of our fruit and vegetable scraps.

Students using our recycling program.

The budget season is in full swing. We have been working hard to present to the taxpayers a budget that is fiscally responsible, yet continues to offer our students the same great programs. If you are interested in seeing how the process works please call the district office and we would be glad to have you attend one of our work sessions.

Please remember starting April 1 all families must select only two drop-offs for their children riding the bus home at night. We have experienced huge safety concerns with parents that want a different drop-off for their child each night. Please submit your request for daily drop-offs in writing to the school. No phone requests will be accepted. Also any bus changes *must* be in each day by 1:00 p.m. Any calls after this time will be subject to approval by a school administrator. Thank you for your patience and understanding with this change. Most districts have changed to just one drop-off, but we are trying to be sensitive to child care, practices and parents' work schedules by allowing two.

The New York State Education Department (NYSED) is making significant changes to the 2016 Grades 3-8 English Language Arts (ELA) and Mathematics Tests. NYSED has selected Questar Assessment, Inc. as the new vendor to lead the development of the future New York State Grades 3-8 ELA and Mathematics Tests. NYSED has also collected significant feedback from students, parents, and New York State educators regarding ways to improve the tests. These changes will improve the testing experience for students and the validity of the assessments.

These changes have been made as a result of feedback from the field:

- Greater involvement of educators in the test development process
- Decrease in the number of test questions
- A shift to untimed testing

NYSED has announced that the State has partnered with Questar Assessment, Inc. to support the Department with the changes described. Questar Assessment, Inc. has replaced Pearson and is responsible for the construction of this year's test forms and guidance materials. Questar Assessment, Inc. brings its extensive experience with assessment in New York State to the Grades 3-8 testing program. In the past five years, Questar Assessment, Inc. has provided summative assessment services, including end-of-course, alternate and English language proficiency exams, to 34 states and the District of Columbia, and is responsible for test administrations for millions of students annually.

Specifically, beginning in fall 2015 and going forward, a greater number of New York State educators have been and will continue to be involved in the review of test questions and final test forms than ever before. This increase has already—and will continue to—greatly benefit the quality of these assessments and will also serve as powerful professional development and networking opportunities for the educators involved. Furthermore, the increasing number of educators will help ensure that the assessments have been reviewed by teachers from various parts of the State and with various expertise. NYSED is particularly excited about the greater numbers of teachers of English language learners and students with disabilities who will be involved in the development of these assessments.

As we continue the transition, for the first time ever, New York State educators will write the test questions for the Grades 3-8 ELA and Mathematics Tests. The State has heard the need for assessments that more closely measure what is taught in classrooms throughout the State, and having New York State educators write these assessment questions will ensure that the assessments reflect classroom instruction as much as possible. This winter, in what is a significant departure from past practice, Questar Assessment, Inc. will convene groups of New York State educators to engage in item-writing workshops. At these item-writing workshops, educators will receive extensive assessment development training and then participate in the writing of test questions. The test questions written by New York State educators will be field tested in spring 2017 and will contribute to students' scores on the tests beginning in spring 2018. Having educators write test questions for the Grades 3-8 ELA

Continued on next page

Superintendent's Message, cont.

and Mathematics tests is consistent with the long-standing tradition in New York State of having teachers author the rigorous and highly regarded Regents Exams.

One of the most consistent recommendations made to NYSED was to reduce the length of the tests. In particular, NYSED has heard that students would be better able to demonstrate close reading and thoughtfully respond to questions if the ELA tests included fewer questions.

Based on this feedback NYSED has decreased the number of test questions on both the 2016 Grades 3-8 ELA and Mathematics Tests. On each of the 2016 Grades 3-8 ELA Tests students will read one less passage and answer fewer questions. This will allow students more time to read the passages more closely and apply their knowledge and skill in answering the questions, and is expected to also decrease testing fatigue for some students. On the 2016 Grade 3-8 Mathematics Tests students will also have fewer questions to answer.

In addition to a change in testing vendor, greater teacher involvement in test creation, and fewer test questions, NYSED has also received extensive feedback from educators from throughout the State about the inability of students to work at their own pace on the Grades 3-8 ELA and Mathematics Tests. As a result, NYSED is pleased to announce the transition to untimed testing for the Spring 2016 Grades 3-8 ELA and Mathematics Tests. This change will provide students further opportunity to demonstrate what they know and can do by allowing them to work at their own pace. In general, this will mean that as long as students are productively working they will be allowed as much time as they need to complete the ELA and Mathematics tests. Additionally, this change in policy may help alleviate the pressures that some students may experience as a result of taking an assessment they must complete during a limited amount of time. NYSED will release guidance to schools and districts on how to implement this new testing policy.

These changes are just some of the efforts that NYSED is committed to implementing to improve the quality of the State's assessments and the experiences that students have taking these tests.

We look forward to a successful spring here at Cherry Valley-Springfield Central School. If you have any questions or concerns, please call the school at 264-9332.

Thank you,
Timothy R. Ryan
Superintendent of Schools

Used Book Sale

PIE (Partners In Education) will be holding a used book sale on Grandparent's Day at CV-S Thursday, May 12. If you have any used books you would like to donate please send them to school marked *Books for PIE*.

Remember When?

Front Row: P. Crain, T. Muhlebeck, D. Fassett, K. Wells. Second Row: R. Vilagos, R. Bridger, C. Yager, R. Sloan, D. Richards, G. Kranitz. Third Row: F. Prill, S. Fassett, T. Brant, P. French, T. Goodrich

Transportation News

Reminders—Students should be at their bus stops early. The buses have been arriving at the school late as a result of waiting for students at the bus stops. Please make every effort to arrive at your bus stops early.

Also, starting April 1st remember there will only be two stops per student for pick up and drop off. Thank you!

Music Department Notes

First Spring Concert

The Music Department will be presenting the 1st Spring Concert on Thursday, March 31 at 7:00 p.m. The concert will feature Fifth Grade Band, Fifth Grade Choir, Junior Band and Senior Band. We look forward to seeing you there!

NYSSMA

Students in grades 5-12 are working very hard to prepare for NYSSMA in May. Individuals may choose to perform a solo or put together a small ensemble. At the NYSSMA festival students will receive a rating on their performance. We recognize all students who participate in the NYSSMA festival at the Music Awards night in June.

Mark Your Calendars!

An Artistic Discovery

An Artistic Discovery 2016, the Congressional Art Competition for high school students is an opportunity for students to exhibit their art work in a professional setting. The exhibit will be on display at the Cooperstown Art Association for the public to view from March 11-April 1.

Many of CV-S's fine young artists will have their art work displayed at the show. The Opening Reception will be held on March 11 from 5:00-7:00 p.m. Please join us on March 11. (Gallery Hours: Sunday—1:00-4:00 p.m., Tuesday—Closed, Wednesday-Saturday—11.00 a.m.- 4:00 p.m.)

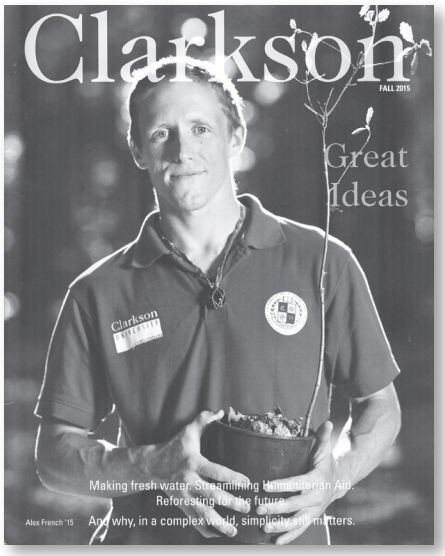
From the Athletic Department

The New York State Public High School Athletic Association's Scholar/Athlete Team Award program has been created to recognize outstanding scholastic achievement by varsity level student athletes.

Congratulations to the following Varsity Girls' Basketball players on achieving this award: **Nikki Decker**, **Claudia Preston**, **Shannon Sears**, **Miranda Stocking**, **Victoria Viscosi**, **Morgan Westerman** and **Kaylie Yerdon**.

Alumni Spotlight—Alex French

Alex works as the Sustainability Coordinator of the Clarkson Institute for a Sustainable Environment. After graduation from CV-S in 2004, Alex attended SUNY Potsdam where he studied Anthropology. While at Potsdam he had the opportunity to take a human rights course in London and study in Cairo, Egypt working towards his major. Incidentally, Alex actually got his start in anthropology at CV-S taking an archaeology course formerly taught at CV-S in conjunction with the New York State Museum, Mr. Dave Staley and the Thayer Farm. Alex graduated from Potsdam in 2008.



After graduation, Alex travelled to Ethiopia working for an NGO (non-governmental organization) called Engage Now Africa. He spent six months building schools, health centers, sanitation programs and promoting women's literacy. While living in Africa, one of his new friends asked him to come and visit his village of Gembeltu. When he arrived at the village, the elders asked Alex to help build a school for the children of the village. Alex and his fiancé at the time, Kayla Riley, agreed and then needed to raise enough money to build a four classroom school house as well as some textbooks and supplies. The Ethiopian government would establish and fund a district if Alex and the NGO would finish the school. Alex returned to Potsdam and needed to raise $20,000 to fund the project It was decided they needed to raise 100 dollars 200 times and embarked on mini fundraisers through the students, staff and community. They reached their goal in six months and returned to Gembeltu and completed the school.

Seeing the environmental degradation and the effects of climate change in Ethiopia inspired Alex to study environmental policy. Alex returned to the U.S. and enrolled in a master's program at Clarkson where he received his degree in 2015. His master's degree was partially funded through a grant from the college and a teaching assistantship which allowed him to work in Adirondacks. During this time he developed a project to offset the travel related carbon emissions that Clarkson's staff and students produce while travelling around the world by planting trees in Uganda. In order to complete his project he worked closely with the Clarkson School of Business, non-profit, Trees for the Future and Mbarara University of Science and Technology. With the help of these groups he established two nurseries which grow thousands of seedlings per year that will be transplanted throughout the Mbarara Region. The plan is that the trees planted will break down as much CO2 each year as Clarkson emits from airfare travel as well as help the local people adapt to climate change.

This summer, Alex is teaching a study abroad course in Ethiopia about ecological restoration for Paul Smith's College. During that time, he hopes to have the Gembeltu school (which did not work quite as planned) transferred to an agroforestry organization. Alex and Kayla are now married and they have one child named Demian, who is named after a novel that was recommended by Ms. Bouck. They presently live in Potsdam, NY.

Alex's advice to CV-S students is, "Throw away your TV, get out of your comfort zone, support the local economy wherever you are—especially local food and listen to Mrs. J, whether you like it or not, she's right." His favorite memories from CV-S stem from running track and field and the afternoon he and several of his friends skipped school for the afternoon to celebrate the completion of a long exam. . . the day didn't work out as planned because they didn't know Alex's mom would be shopping in Cooperstown that day and they got caught. In hindsight, staying in school was probably the better idea.

Principal's Message

Dear CV-S Families,

In lieu of Student of the Month recognition, we have been honoring our students, on a quarterly basis, with Silver Medal Student awards. The mission of the Silver Medal Student Recognition Team is to recognize the students who epitomize many qualities of excellence and deserve medal standing. The following students were honored at our ceremony on February 12.

Sixth Grade

Academic Achievement ... **Marijke Kroon**
Student Growth..... **Allan Parker**
Patriot Pride ..... **Vanessa Erkson**
Service/Citizenship..... **Gabe Oakley**
Leadership..... **Oskar Webster**

Seventh Grade

Academic Achievement ... **Mia Horvath**
Student Growth..... **Chloe Thalheimer**
Patriot Pride ..... **Owen Johnson**
Service/Citizenship..... **Abby Peterson**
Leadership..... **Brady Benson**

Eighth Grade

Academic Achievement ... **Josephine Herzog**
Student Growth..... **Olivia Jicha**
Patriot Pride ..... **Matt Kroll**
Service/Citizenship..... **Douglas Moore**
Leadership..... **Rylee Dea**

Ninth Grade

Academic Achievement ... **Ryan Burr**
Student Growth..... **Noah Young**
Patriot Pride ..... **Jessica Lundy**
Service/Citizenship..... **Alex Cronkhite**
Leadership..... **Michael McCallion**

Tenth Grade

Academic Achievement ... **Kaitlyn Ehlers**
Student Growth..... **Bryanna Reckeweg**
Patriot Pride ..... **Avalon Kubis**
Service/Citizenship..... **Nate Climenhaga**
Leadership..... **Amanda Pressly**

Eleventh Grade

Academic Achievement ... **Tanner Yager**
Student Growth..... **Dakota Dornburgh**
Patriot Pride ..... **Kyle Cummings**
Service/Citizenship..... **Claudia Preston**
Leadership..... **Karah Morton**

Twelfth Grade

Academic Achievement ... **Julia Dudley**
Student Growth..... **Jamie Tilt**
Patriot Pride ..... **Scott Plows**
Service/Citizenship..... **Jacob Church**
Leadership..... **Nora Davis**

Congratulations to all of our award winners and thank you to everyone who has contributed to our academic success in the 2nd Marking Period!

Sincerely,
Kevin M. Keane, Principal

Ski Club News

Ski Club has been off and running since January 16! Students and chaperones have been enjoying fresh air, sunshine, and beautiful views at Plattekill Mountain! Since there hasn't been natural snow this winter, Plattekill has been making snow to add to what falls. Trails of all levels have been open.

It hasn't been very crowded this year—probably due to lack of snow. But it hasn't kept us off the mountain! We have skiers and snowboarders of all levels swooshing down the slopes and having fun on the terrain park! It's always a great time and a fun way to get some exercise!

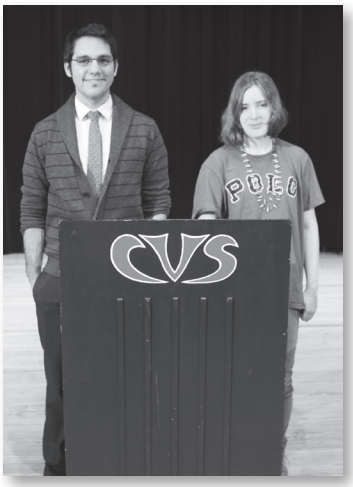
Senior Switch Day

On February 12, Partners in Education sponsored what was called Senior Switch Day. Twenty-four seniors signed up to take the place of an administrator or teacher in both the elementary and high school wings. Even the Superintendent, Mr. Ryan, and the Principal, Mr. Keane, gave up their seats to Ryan Jaquay and James Wait, respectively. Mr. Ryan had business for Ryan to do in his office and around the building and James helped run the quarterly Silver Medal Awards Ceremony as well as helped supervising the elementary Valentine's Day Celebration Dance. Many other teaching positions were filled such as Mr. and Mrs. Jaquay, Mr. Brigham, Ms. Stabak, Mrs. Ahrens, and others. The day was filled with learning and fun on the ends of both the senior teachers and students.

The novelty of the concept was well appreciated among the staff and students; it made for a great send off to Winter Break. The following students participated as teachers for the day: **Nora Davis** (Mrs. Adams), **Julia Dudley** (Mrs. Oram), **Shannon Sears**, **Nichole Decker** and **Ethan Johnson** (Mr. Jaquay), **Danielle Viscosi** (Mr. Fralick), **Scott Plows**, **Kyle Monahan** and William McGovern (Mr. Brigham), **Slade Brigham**, **John Wood** and **John Riavez** (Mr. Lamouret), **Jacob Kroll** (Mrs. Jaquay), **Jacob Church** (Mrs. Ahrens), **Ryan Jaquay** (Mr. Ryan), **William Murnion** (Mr. Coyle), **Jordan Zaccagnino** (Ms. Manley), **James Wait** (Mr. Keane), **Jamie Tilt** (Mrs. Georgi), **Zachariah O'Connor** and **Albert Wait** (Ms. Stabak), **Jared Tracy** and **Oliver Searles** (Ms. Burke), **Elizabeth McGovern** and **Amber Lundgren** (Mrs. Hanson), and **Miranda Stocking** and **Bryanna James** (Mrs. Carter and Mrs. Willammee).

—Zachariah O-Connor.

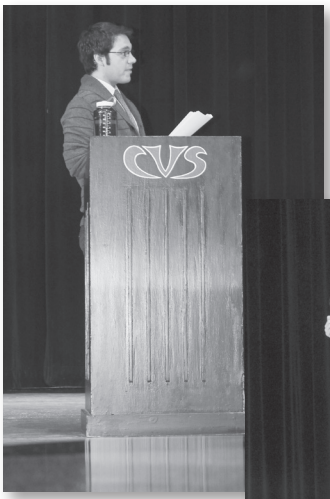
Annual Spelling Bee

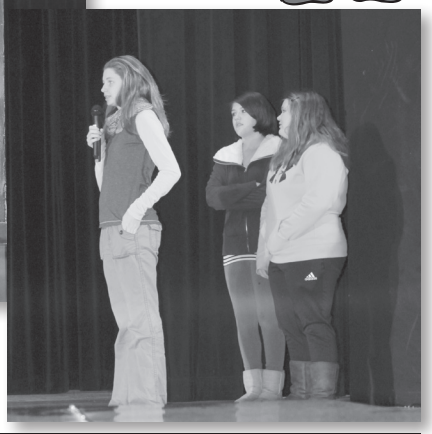


The annual CV-S Spelling Bee took place on January 11. The Spelling Bee happened in a middle school assembly and included grades 6, 7 and 8. The winner of this year's Spelling Bee was **Josephine Herzog**. The winning word was *festooned*.

Josephine now advances to the Regional Spelling Bee held at SUNY Oneonta on March 6. If she wins at the regional level she would have the opportunity to advance to Washington, D.C. for the National Spelling Bee.

—Victoria Viscosi





Students Learn about Japan

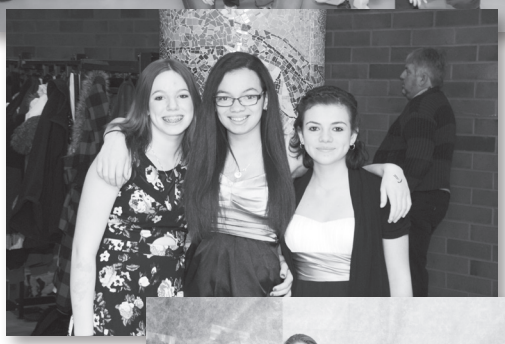
Students in Mrs. Waterman's classes were able to spend some time learning about Japan. Dominic Centonze was a guest speaker and gave presentations on Tokyo, since he lived there for 40 days. Students got to learn Japanese words, eat at a make-shift restaurant, learn the art of Sumo wrestling, and see many items he purchased while there.

Semi-Formal Dance

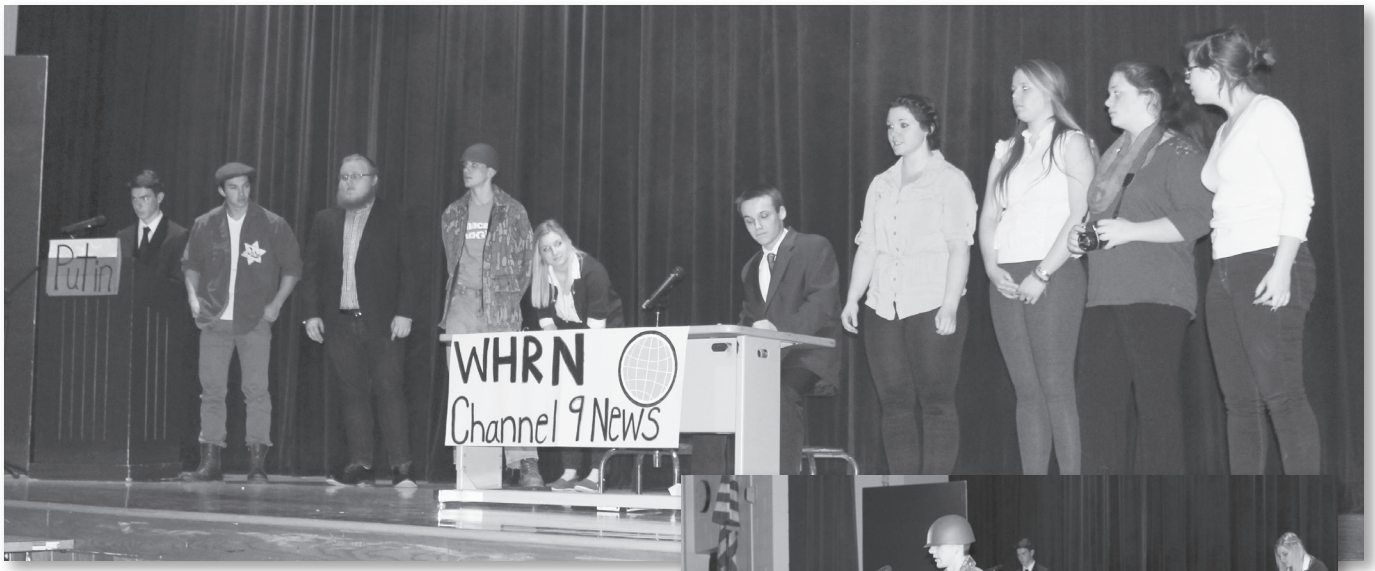
On January 31 over 100 Junior and Senior High School Students attended the Winter Semi-Formal. This year's Semi-Formal was a fund-raiser for the senior class to help them raise money for their trip to Toronto in April.

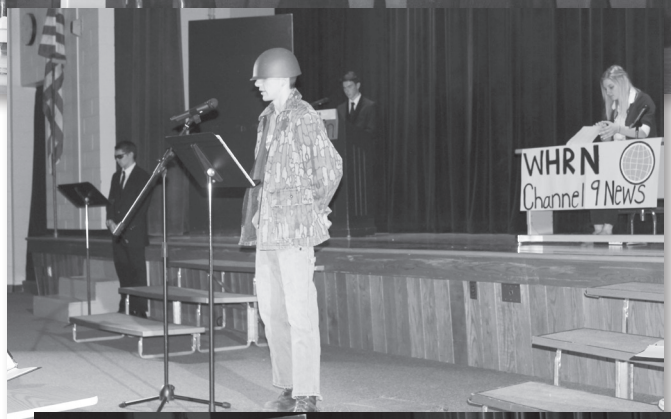
The Seniors DJ's shined along with the spinning disco ball as students danced the night away. The Class of 2016 would like to thank everyone who attended, chaperoned and helped decorate for the fun filled night.

—Shannon Sears



Speaking Truth to Power





On January 28, Ms. Bouck's Speak Truth to Power class gave a performance in the Donald A. Drake auditorium of a voice play called *We Come in Peace*. It was presented to a select group of students and faculty. Students collaborated and created a script using a shared document on Google Drive and based the characters and themes on the research they had done throughout the course on human rights issues throughout the world.

After a thought provoking introduction by the narrator, eight of the students portrayed defenders of human rights and shared their stories with the audience. Oppression pieces were built around the defender pieces and were used to portray the hatred these defenders were up against. This year's class decided to add another element to the performance though. They wanted to show how the media improperly portrays or ignores human rights violations. Three students portrayed members of the press in both the World War II era and today, drawing parallels between historical and modern events. The climatic conclusion of the play called on everyone, including the audience members, to seek peaceful solutions to world problems like the Syrian refugee crisis, child soldiers and lack of women's education.

Future Basketball Clinic

Ms. Schillings' Varsity Girls' team helped the Cherry Valley Biddy girls basketball teams by hosting the inaugural *Building The Future Basketball Clinic*. On December 19, the Varsity Girls' teams helped the younger girls practice dribbling, shooting, passing and play defense. This was a great way for the older girls to share their talents with the 3rd, 4th, 5th and 6th graders. Fun was had by all.

On January 22, the CV-S Biddy teams surprised the JV and Varsity Teams by attending a Varsity game, complete with spirit posters. They spent the evening cheering on the Lady Patriots. These activities created bonds that will hopefully continue for years to come.

Keenan Holliday Fundraiser

On January 25, a Milford student athlete by the name of **Keenan Holliday** began to experience minor stroke symptoms and headaches. He was taken to Bassett Hospital where they found bleeding on his brain. Keenan was immediately brought to Albany Medical Center where they determined he was suffering from a bundle of veins and arteries in his brain that built up so much pressure that they began to bleed. Keegan remains in the hospital awaiting surgery.

To help Keenan and his family, many teams throughout the Tri-Valley League, including the CV-S Patriots, raised money to donate to the family. Through donations, we raised $126 at our final JV and Varsity Boys' games vs. Schenevus on February 9.

At the beginning of the Varsity game a moment of silence was taken to send well wishes to Keenan and his family. During this time, the members of both the Schenevus Dragons and Cherry Valley-Springfield Patriots formed a group circle, held hands and united as *one* to play for Keenan and after the game took a group picture of both teams showing "V" for Victory for Keenan. Thoughts and well wishes go out to Keenan and his family from the entire CVS Community.

—Nicole Deselets

Math Honor Society Inductions

On Thursday, February 11, the Math Honor Society at CV-S held its 2016 induction ceremony. Mu Alpha Theta is the National Mathematics Honor Society for High School students. The present members hosted the event, along with advisors Ms. Buel and Ms. Kilpeck. Speeches from several present members opened and closed the ceremony. A former math teacher at CVS, Mrs. Erkson, spoke to the inductees about how well-rounded CV-S students are. The seven new members were given certificates and presented with the cords they will wear at graduation.

After the ceremony refreshments were served, which included cookies the Math Honor Society decorated themselves. In addition to being inducted into the National Mathematics Honor Society, initiates were also inducted into the New York State Math Honor Society. As the year continues, the members plan to tutor the elementary students.

—Albert Wait

Valentine's Day Dance

On February 12 the CV-S Student Council and the K-2 teachers sponsored a Valentine's Day Dance. The Student Council arranged music and ice cream and danced with the kids. A great time was had by all.

EARLY SPRING CONTINUING ED SCHEDULE MARCH 2016 UPDATE

COURSE	INSTRUCTOR	DATE/TIME	FEE
AARP SMART DRIVER COURSE: Learn defensive driving techniques, proven safety strategies & new traffic laws & rules of the road. Upon completion you can save 10% on your auto insurance & remove up to 4 points from your license	Christina Knee	Saturday, April 2, 10:00 a.m.-4:30 p.m. Bring a bag lunch, your license & AARP card.	$20/member, $25/non-member *For this course, make checks out to AARP. No cash.
ARYLIC PAINTING: POTTED GERANIUMS: Another opportunity to paint without an investment in supplies. All skill levels are welcome. Students go home with a finished piece.	Anna Halkowich	Tuesday, Mar. 15 *or* 22 6:00-8:00 p.m.	$25/1 class includes supplies
ADVANCED NATURAL SOAPMAKING: Learn the benefits of 3 different options for your cold process soap base including castile & get the basics of formulating your own recipe. Goat's milk, honey, herbs & a blending of scents will be used in addition to 2- color swirls. Must have taken Beginner's Course.	Maria Gelnett, Certified Soapmaker	Saturday, Mar. 12 10:00 a.m.-1:00 p.m.	$65/1 class includes most supplies
AIKIDO: Learn a Japanese martial art! "Aikido is a non-violent martial art that promotes harmony of the mind, body & spirit…" Ages 10 thru adult welcome. For more information, call the instructor at (607) 547-6201.	Linda Cox	Tuesdays: 5:45-7:00 p.m. starting approx Mar. 1	$36/6 classes
CROCHET BASICS: Learn basic crochet stitches to complete a crocheted scarf. Participants will need to bring yarn & a crochet hook. Supply list provided.	Susan Vilagos	Wednesdays, Mar. 23, 30, Apr 6 12:30-2 p.m. *or* 6-7:30 p.m.	$28/3 classes
CPR/AED: This is the basic AHA CPR Course which will certify participants in several topics including adult rescue breathing & adult CPR/AED.	Paul Kolb Marge Miller	Mar. 10 6-10 p.m.	$15/1 class
CREATE WITH CRICUT: Create several spring-themed projects (cards, envelopes, gift bags, 3-D crafts, stencils for etching) from a variety of materials (paper, fabric & vinyl). Learn about machine settings & experiment with a variety of cartridges.	PJ Johnson	Sat, Mar. 5, 9:00 a.m.-1:00 p.m. Thurs, Mar. 31, 8:30 a.m.-12:30 p.m.	$30/1 class includes most materials
FIRST AID FOR COACHES: Get ready for spring coaching by taking the First Aid course for new coaches as required by NYS Education Department or by getting recertified.	Leslie Bush	Saturdays, Mar. 5 & 12 9:00 a.m.–3:00 p.m.	$60/2 certification classes $30/1 recertification class
JR KARATE I (4th Block starts approximately Feb 29)	Brian Cox	Mondays/5:30-6:30 p.m. beg. Feb. 29	$23/6 classes
JR KARATE II (4th Block starts approximately Feb 29)	Brian Cox	Mondays/6:30-7:30 p.m.	$23/6 classes
BEGINNING ADULT KARATE (4th Block starts approximately Mar 4)	Brian Cox	Fridays /5:30-6:30 p.m. beg. Mar. 4	$23/6 classes
JR KARATE III (4th Block starts approximately Mar 4)	Brian Cox	Fridays/6:30-7:30 p.m.	$25/6 classes
ADULT KARATE (4th Block starts approximately Feb 29/Mar 4)	Brian Cox	Mondays & Fridays/7:30-9:00 p.m.	$38/6 classes
INTRO TO ESSENTIAL OILS: Learn about essential oils & how to incorporate them into a healthy lifestyle. Course fee Includes a starter kit.	Heather Hogan, doTerra Rep	Wednesdays, Mar 23 & 30 6-8 p.m.	$35/2 classes
YOGA: This yoga is a gentle practice allowing the body to open at its own pace. Using props for support, poses are held without effort or force. Deeply relaxing. Wear loose fitting clothing & bring a yoga mat.	Bonnie Fayssoux	Tuesdays beg. approx Mar. 8 Thursdays beg. approx Mar. 10 5:45-6:45 p.m.	$36/6 classes $8/walk-ins
ZUMBA: A Latin-inspired dance-fitness exercise program for cardio and toning. Will also do some work with light hand-weights (2-3 lbs). Sign up for Tuesday evening or Thursday evenings or BOTH! **New students may try a class for FREE!**	Suzanne Fine	Tuesdays beg. approx Mar. 9 Thursdays beg. approx Mar. 24 5:30-6:30 p.m. No Thursday classes 2/25-3/17	$36/6 classes walk-ins $8/class Join the class at any time.

COURSE REGISTRATION INFORMATION

Pre-registration can be done **BY PHONE** (607-264-3265, ext 518) or **E-MAIL** (*pjohnson@cvscs.org*) but must be followed up with payment by mail or dropped off at the CV-S main office c/o PJ Johnson, Continuing Ed.

Registration **IN PERSON** can be completed on Tuesday mornings from 8:00-10:00 a.m. in Room 144 with Continuing Education Coordinator, PJ Johnson.

Registration can be done **BY MAIL** with payment and a completed registration form to CV-S Continuing Ed Program c/o PJ Johnson, Cherry Valley-Springfield CS, PO Box 485, Cherry Valley, NY 13320.

All Continuing Ed course information can be accessed at *cvscs.org* under the "Community" heading.

OTHER IMPORTANT INFORMATION:

Enrollment in most classes is limited. So sign up early!

Classes without minimum enrollment will be cancelled.

Most courses are for adults unless otherwise noted in the description.

Only those registered will receive course changes, updates, or cancellations.

Checks for all courses except the AARP Driver Safety Course should be made payable to **CV-S Continuing Ed.** Make checks & money orders (no cash) for Driver Safety course payable to **AARP Smart Driver Course.**

- If school or after-school activities are cancelled for any reason, Continuing Ed classes will also be cancelled.

REGISTRATION FORM

NAME _____

HOME PHONE _____

CELL # _____

ADDRESS _____

_____

E-MAIL ADDRESS _____

COURSE TITLE _____

AMT PAID CASH _____ AMT PAID CHECK _____

Cherry Valley-Springfield Central School
PO Box 485
Cherry Valley, NY 13320

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Organization
U.S. Postage
P A I D
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Norwich, NY
13815

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CURRENT RESIDENT OR

ECRWSS
BOXHOLDER

Prekindergarten Registration

If your child is going to be 4-years-old on or before December 1st, 2016, he or she is eligible to apply for our Prekindergarten program. Applications will be available in the District Office on April 4, 2016. Please contact Mrs. Carson for more information @ 607-264-3265, ext. 501 or *lcarson@cvscs.org*.

Kindergarten Enrollment

For questions related to Kindergarten enrollment for 2016-17 school year, please contact Mrs. Carson in the District Office. Your child must turn 5-years-old on or before December 1, 2016 in order to be eligible to enroll in Kindergarten.

CVSTA Scholarship Bowling Tournament

Date: Saturday, March 12
Time: 2:00 p.m.
Place: Iroquois Lanes
192 Erie Blvd., Canajoharie
Price: $20
Includes: two games of *fun-filled* bowling, bowling ball, shoes and food

Each year the Cherry Valley Springfield Teachers' Association proudly awards up to $4,000 in scholarships to our graduating seniors thanks to the generosity of local businesses, faculty and staff, and other caring individuals.

Please join us for an afternoon of bowling, fun, food and lots of prizes at the CVSTA Scholarship Bowling Tournament. All proceeds from this event are used to fund student scholarships.

- Bring a team (3-5 people) or come on your own and we will find a *fun* crew for you to join.
- You don't have to be a bowler to play!
- Join us for snacks and the raffle if you can't make bowling!

Looking for another way to support our scholars?

- *How about a lane sponsor for $25 to be displayed on lanes?*
- *Or raffle donation?*

Please contact Donna Ahrens, *dahrens@cvscs.org* or 607-234-3265, ext. 264, to sign up to bowl, make food reservations or make a donation. Thank you!

We hope to see you there!

Third Grade News

On December 18 Craig Flint, a 2004 Graduate of CVS who works for WENY in Horseheads, came back to his alma mater to do a presentation on weather to the Third grade. Craig spent most of the afternoon with the students and taught them many things about meteorology.

Thank you Craig for coming back to share your knowledge with our students!